

How to Pray the Rosary

1. On the Crucifix, make the Sign of the Cross and say the **Apostle's Creed**:

I believe in God, the Father Almighty, Creator of Heaven and earth, and in Jesus Christ His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead. He ascended into Heaven and sits at the right hand of God, the Father Almighty. From there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen

2. **On the next bead: Our Father....**
3. **On each of the next 3 beads: Hail Mary...** (For an increase of the virtues of Faith, Hope & Charity)
4. **On the 5th bead: Glory Be to the Father...**
5. Begin the first decade to the right by stating the first mystery and reciting the **Our Father**
6. On each of the following ten beads, recite a **Hail Mary** while reflecting on the Mystery.
7. On the next large bead, recite the **Glory Be...**, the **Fatima Prayer**: “Oh my Jesus, forgive us our sins, save us from the fires of hell, bring all souls to Heaven, especially those in most need of Thy mercy.”
and “Oh Mary, conceived without sin, pray for us who have recourse to thee.” (optional).
8. Follow with the second Mystery, the **Our Father**, ten **Hail Mary's**.
9. When the fifth Mystery is completed, conclude with the **Hail Holy Queen**, (*back page*) and the **Sign of the Cross**.

The Joyful Mysteries (*Monday & Saturday*)

1. The Baptism of the Lord
2. The Wedding Feast at Cana
3. The Declaration of the Kingdom of God
4. The Transfiguration
5. The Institution of the Holy Eucharist

The Luminous Mysteries (*Thursday*)

1. The Baptism of the Lord
2. The Wedding Feast at Cana
3. The Declaration of the Kingdom of God
4. The Transfiguration
5. The Institution of the Holy Eucharist

The Sorrowful Mysteries (*Tuesday & Friday*)

1. The Agony in the Garden
2. Jesus is Scourged at the Pillar
3. Jesus is Crowned with Thorns
4. Jesus Carries His Cross
5. The Crucifixion and Death of Jesus

The Glorious Mysteries (*Sunday & Wednesday*)

1. The Resurrection of the Lord
2. The Ascension of the Lord
3. The Descent of the Holy Spirit upon Mary and the Apostles
4. The Assumption of the Blessed Virgin Mary into Heaven, Body and Soul
5. The Coronation of Mary as Queen of Heaven and Earth

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our Hope! To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed Fruit of thy womb, Jesus, oh clement, o loving, o sweet Virgin Mary.

Pray for us, O Holy Mother of God

That we may be made worthy of the promises of Christ

Let us Pray: *O God, Whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen*

(Optional, before the concluding sign of the cross):

3 times: Oh Sacred Heart of Jesus, Have Mercy on us.

1 time: Immaculate Heart of Mary, Pray for us

St. Joseph, Pray for us;

St. Anthony, Pray for us

All the Angels and Saints, Pray for us