

## ***Schedule of Services for Lent & Easter -2008***

**Ash Wednesday**  
**February 25**

Masses: 6:30am; 9:00am; 7:00pm  
Ashes after Homily

**Stations of the Cross**  
**Fridays of Lent**

**2:00pm** (children's; all are welcome)  
(NO 2pm stations on March 20 & 27)  
**7:00pm** (NO 7pm stations on March 27)  
*(March 20 - 7pm Stations will be "Mary's Way of the Cross")*



**Lenten Speaker**  
**Friday, March 27**  
**7:00pm in Church**

**"The Gospel of St. John"**  
*St. Luke's Production sponsors this performance by Leonardo Defilippis. Ticket information to be announced.*

**Lenten Video Series**  
**7:00pm**  
**in Padua Hall**

**Topics: March 5 - Mary, The Mother of God**  
**March 12 -- Peter, Keeper of the Keys**  
**March 25 - Paul, Contending for the Faith**  
**April 2 - Jesus, the Word Became Flesh**

**St. Anthony & St. Joseph Communal Penance Service**  
**Tuesday, March 31, 8:00pm at St. Anthony Church**



**HOLY WEEK**  
**Palm Sunday, April 5**

Masses: Saturday: 5pm; Sunday: 8, 10, Noon  
Procession with Palms before Mass at 5pm & 10am

**Monday, April 6**

Individual Confessions: 11am-12:30pm & 7-8:30pm  
@ St. Anthony Church

**Holy Thursday, April 9**

Mass of the Lord's Supper: 7:00pm  
*Following Mass, Adoration of the Blessed Sacrament in the Chapel  
until Noon on Friday*

**Good Friday, April 10**

Noon to 3:00pm  
*Meditative Stations; Rosary; Divine Mercy Novena,  
Sacred Music, Mid-day Prayer*  
3-4:30pm - *Liturgy of the Lord's Passion with veneration of  
the cross & reception of Holy Communion*

**Holy Saturday, April 11**

Church decorating 9:00am  
Blessing of Food 12:00pm  
Easter Vigil Mass 9:00pm

**Easter Sunday, April 12**

Masses: 8:00am; 10:00am, & 12:00 Noon

# Lenten Regulations on Fast & Abstinence

**Ash Wednesday**, February 25, marks the beginning of Lent. The following fasting and abstinence regulations are observed:

**Abstinence** from meat is observed on **Ash Wednesday, Good Friday**, and all the **Fridays of Lent** by all Catholics 14 years and older. Abstinence forbids the use of meat, but not of eggs, milk products, or condiments made of animal fat. Permissible are soups flavored with meat, meat gravy, and sauces.

**Fasting** is observed on **Ash Wednesday** and **Good Friday** by all Catholics who are 18 years of age but not yet 59. Those bound by this rule may take only one full meal. Two smaller meals are permitted as necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. Ordinary liquids are allowed.

*From its earliest days, the Church has urged the baptized and the catechumens to observe the threefold discipline of fasting, almsgiving, and prayer as a preparation for the celebration of Easter. Failure to observe individual days of penance is not considered serious, but failure to observe any penitential day at all or a substantial number of such days must be considered serious.*

*During Lent, the Church encourages attendance at daily Mass, self-imposed times of fasting, and generosity to local, national, and worldwide programs of sharing.*

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Lenten Daily Prayer: Heavenly Father, as You sent Jesus into the world to make You known and loved, Inspire me and my fellow Christians to continue Your mission in our daily living and choice of vocation. Amen

**Tape this to your refrigerator for a reference and as a reminder to pray.**

Prayer is powerful and we can make a great difference in our world with a small daily prayer.